

PROCEEDING BOOK

COURSE ON INTERPROFESSIONAL COLLABORATIVE PRACTICE

















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(ICP 2022)

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Indonesian Rheumatology Association

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Indonesian Rheumatology Association, 2022 Gambar sampul oleh Harjuli Yoy Ceana

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PREFACE

Preface from Organizing Committee

We sincerely celebrate a new international educational program for inter-professional education and collaborative practice (IE & CP) has successfully launched in 2022. First of all, we truly appreciate all contributors to the program, who go along with the purpose in spite of difficult situation due to COVID-19 pandemic from 2020.

The purpose of the project is to learn IE & CP concepts, especially focusing on collaborative practice, and apply them to medical settings in Indonesia and Japan to achieve better outcomes for patients. To accomplish this, we planned 2 years program. In the first year 2022, we focused on ICP in advanced medical services in general referral hospital. We first recruit around 30 members of 3 major health professionals including physician, pharmacists and nurses from 5 hospitals which are Cipto Mangunkusumo Hospital (Jakarta), Hasan Sadikin Hospital (Bandung), Saiful Anwar Hospital (Malang), Nagasaki University Hospital (Nagasaki) and Keio University Hospital (Tokyo). The program will cover not only on line or face to face lecture course, symposium, group discussion, experience in different country, but also execution of action plan in own places and making educational books and videos.

We strongly believe this course with new attempts will help to improve medical service provided by health professionals in Indonesia and Japan. More importantly, members from both countries closely and continuously communicate each other, and can become to know each other in the unique, international, educational activity in Asia Pacific area. We strongly feel human network based on strong trust between two countries is irreplaceable.

Finally, we note Japanese government, a number of pharmaceutical companies and Indonesian Rheumatology Association (IRA) and other institutions supported this project. Again, we would like to thank to all contributors to this program and really hope the program will be helpful and enjoyable for all participants program.

Katsuya Suzuki, MD. Ph.D Organizing Committee

Preface from President of Indonesian Rheumatology Association

Interprofessional collaboration in the management of rheumatic and autoimmune diseases is essential to provide better outcome for patients. The collaboration between pharmacists, nurses, medical rehabilitation as well as nutritionists can add more benefits in the treatment of these diseases. An interprofessional collaborative approach needs to be introduced in the daily practice of every health care professional.

The Indonesian Rheumatology Association (IRA) has been actively involved into the Interprofessional Education & Collaborative Practice Program (IECP) between Japan and Indonesia. This project is a collaborative program between several institutions in Japan, such as Keio University Hospital and Nagasaki University Hospital, and Indonesia, includes Faculty of Medicine Universitas Indonesia-Ciptomangun Kusumo General Hospital Jakarta, Faculty of Medicine Universitas Padjadjaran—Hasan Sadikin General Hospital Bandung and Faculty of Medicine Universitas Brawijaya-Saiful Anwar Hospital Malang. This project has been very fruitful to our rheumatologist members and has spread knowledge through webinars as well as developed pocket books for pharmacist and nurses in dealing with rheumatic diseases. We hope this project could be continued in the near future to have more benefit and practice among physician and other health care professional.

Rudy Hidayat, MD. Ph.D

President of Indonesian Rheumatology Association