

Final Announcement  
Workshop – Symposium -Exhibition



# KAJIAN ILMIAH REUMATOLOGI SOLO

*In Conjunction With **KONKER IRA IX**  
World Lupus Day 2016*



**"THE NEW PARADIGM DIAGNOSTIC  
AND TREATMENT  
IN IMMUNO RHEUMATOLOGY"**

**May 14<sup>th</sup> – 15<sup>th</sup>, 2016**

Saturday – Sunday

Best Western Premier Hotel, Solo Baru



**IRA CABANG SURAKARTA**

Secretariat Committee

Divisi Reumatologi Bagian Ilmu Penyakit Dalam FK UNS/RSUD DR Moewardi

Jl. Kol Sutarto 132 Solo, No. Telp : (0271) 633101;654513 Fax : (0271) 654513

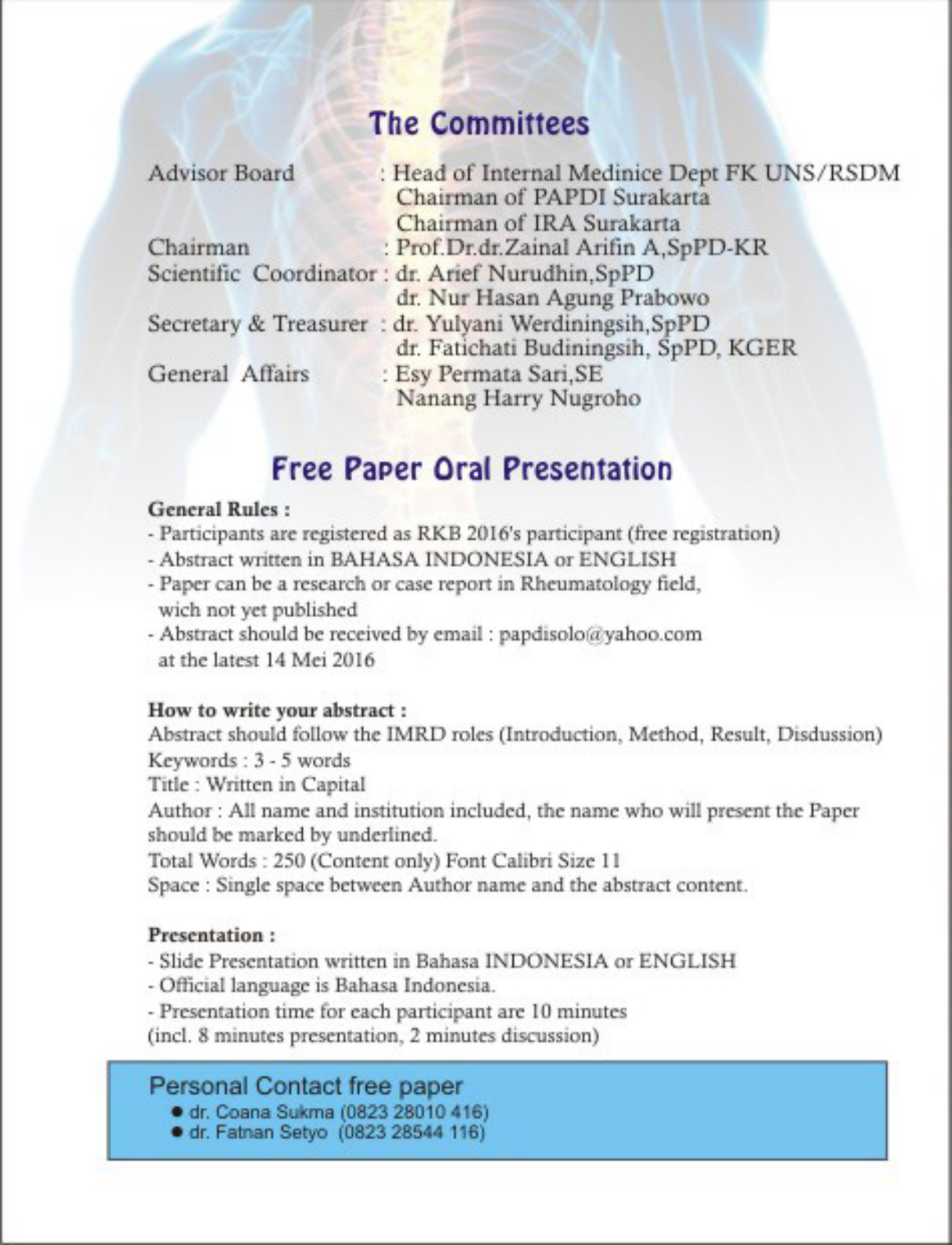
Email : [papdisolo@yahoo.com](mailto:papdisolo@yahoo.com)

## Welcome Message

Musculoskeletal problems continue to be a burden for patient, health care and also for the community. For the patient itself musculoskeletal complaint can create further problems related with pain, disability, work-loss and decreased quality of life. In the bigger scope, the growing number of people with musculoskeletal problems will result in increased utilization of health care resources and also increased health care cost. World Health Organization reported that hundreds of million people have musculoskeletal problem and it is predicted that the number will increase.

Due to the enormous burden of musculoskeletal conditions, on November 30, 1999 WHO and United Nations declare Bone and Joint Decade 2000 - 2010 which encourage government from all nations to take necessary actions hand in hand with medical professional to overcome the growing problem of musculoskeletal conditions.





## The Committees

- Advisor Board : Head of Internal Medicine Dept FK UNS/RSDM  
Chairman of PAPDI Surakarta  
Chairman of IRA Surakarta
- Chairman : Prof. Dr. dr. Zainal Arifin A, SpPD-KR
- Scientific Coordinator : dr. Arief Nurudhin, SpPD  
dr. Nur Hasan Agung Prabowo
- Secretary & Treasurer : dr. Yulyani Werdiningsih, SpPD  
dr. Fatichati Budiningsih, SpPD, KGER
- General Affairs : Esy Permata Sari, SE  
Nanang Harry Nugroho

## Free Paper Oral Presentation

### General Rules :

- Participants are registered as RKB 2016's participant (free registration)
- Abstract written in BAHASA INDONESIA or ENGLISH
- Paper can be a research or case report in Rheumatology field, which not yet published
- Abstract should be received by email : papdisolo@yahoo.com at the latest 14 Mei 2016

### How to write your abstract :

Abstract should follow the IMRD roles (Introduction, Method, Result, Discussion)

Keywords : 3 - 5 words

Title : Written in Capital

Author : All name and institution included, the name who will present the Paper should be marked by underlined.

Total Words : 250 (Content only) Font Calibri Size 11

Space : Single space between Author name and the abstract content.

### Presentation :

- Slide Presentation written in Bahasa INDONESIA or ENGLISH
- Official language is Bahasa Indonesia.
- Presentation time for each participant are 10 minutes (incl. 8 minutes presentation, 2 minutes discussion)

### Personal Contact free paper

- dr. Coana Sukma (0823 28010 416)
- dr. Fatnan Setyo (0823 28544 116)

## Scientific Programme

Friday, May 13 2016

**Workshop I : Hypnotherapy** (Ruang Kuliah Ilmu Penyakit Dalam RSDM)

**Chairman : Yulyani Werdiningsih**

07.00 – 07.30	Registration
08.00 – 09.00	Pathophysiology Of Pain (Arief Nurudhin, Solo)
09.00 – 10.00	Hypnotherapy As Non Drug Treatment Of Rheumatic 's Pain (Hanung Prasetyo, Solo)
10.00 – 11.30	Discussion
11.30 – 13.00	ISHOMA +

**Workshop II : Accupuncture** (Ruang Kuliah Ilmu Penyakit Dalam RSDM)

**Chairman : Zainal Arifin Adnan**

13.00 – 14.00	Pain Management Focus On Accupuncture (Koonsadi Saputra, Surabaya)
14.00 – 16.30	Discussion

Sunday, May 15 2016

**Workshop III : Intraarticular Injection's**

**Chairman : Yulyani Werdiningsih**

09.50 – 10.00	Registration
10.00 – 11.00	The Role of Viscosuplement For Osteoarthritis (Arief Nurudhin, Solo)
11.00 – 12.00	Intraarticular Injection's Tehnique (Nyoman Kertia, Yogyakarta)
12.00 – 13.30	Discussion
13.30	ISHOMA +

Saturday, May 14, 2016

07.00 – 08.00	<b>REGISTRATION</b>
08.00 – 09.00	<b>Opening Ceremony</b>
<b>Plenary Lecture &amp; Medicolegal Symposium</b>	
<b>Chairman : Zainal Arifin Adnan</b>	
09.00 – 09.20	The Newest Issue Of Rheumatic Diseases's Therapy (Handono Kalim, Malang)
09.20 – 09.40	Medicolegal Aspect Of Rheumatic Practices (Aji Suwandono, Solo)
09.40 – 10. 0	Coffee Break
<b>Symposium I : Superiority Of Sodium Diclofenac For Management Of Pain</b>	
<b>Chairman : Deddy Nur Wachid</b>	
10.00 – 10.20	The Role Of Sodium Diclofenac For Pain Therapy (Bantar Suntoko, Semarang)
10.20 – 10.40	Experience Of Sodium Diclofenac Therapy For Rheumatic Cases (Arief Nurudhin, Solo)
10.40 – 10.55	Discussion

**Symposium II : About Rheumatoid Arthritis****Chairman : Zainal Arifin Adnan**

10.55 – 11.15	Pathophysiologi Of Rheumatoid Arthritis (Laniyati Hamijoyo, Bandung)
11.15 – 11.35	The Role Of Anti IL-6 For Rheumatoid Arthritis (Sumarijono, Jakarta)
11.35 – 11.50	Discussion
11.50 – 12.30	ISHOMA

**Symposium III : Complexity of Ankylosing Spondylitis, is there any comprehensive solution?****Chairman : (Arief Nurudhin)**

12.30 – 12.50	Complexity of Ankylosing Spondylitis , immunopathological perspective (Yoga Iwanoff K, Jakarta)
12.50 – 13.10	Comprehensive Treatment Approach on Managing Various Clinical Manifestation (Handono Kalim, Malang)
13.10 – 13.25	Discussion

**Symposium IV : Stem Cell Therapy For Autoimmune Diseases****Chairman : (Faridin)**

13.25 – 13.45	Mechanism Of Stem Cell Therapy (Cynthia Retna Sartika, Jakarta)
13.45 – 14.05	Secretom Of Mesenchymal Stem Cell For SLE (Arief Nurudhin, Solo)
14.05 – 14.20	Discussion

**Symposium V : Gouty Arthritis****Chairman : Supriyanto Kartodarsono**

14.25 – 14.45	Pathophysiologi & Diagnostic of Gouty Arthritis (Zainal Arifin Adnan, Solo)
14.45 – 15.05	Recent Management of Gouty Arthritis (Tjokorda Rakaputra, Bali)
15.05 – 15.20	Discussion
18.00 – 19.00	<b>DINNER</b>
19.00 – 20.00	<b>CME : (IRA member)</b> Opening : Treat To Target Approach and Patient Benefit (Handono Kalim, Malang) Strategy Achieving Rheumatoid Arthritis Treatment Target with Conventional and Biologic Agent Therapy (Singapore)
20.00 – selesai	<b>KONKER</b> (Sumariyono, Jakarta)

Sunday, May 15, 2016

**Case Study**

**Pembahas : Rachmad Gunadi**

08.00 – 08.15 Yuliyani Werdiningsih

08.15 – 09.00 Discussion

**Symposium V : Pain Management Update**

**Chairman : Ayu Paramaiswari**

09.00 – 09.20 Genetic Findings Related to Pain And Analgesics  
(Harry Isbagio, Jakarta)

09.20 – 09.40 The Role of COX 2 Inhibitor For Pain Management  
(Bagus Putu Putra Suryana, Malang)

09.40 – 10.05 Discussion

10.05 – 10.2 Coffee Break

**Symposium VI : Gastropathy NSAID**

**Chairman : Nyoman Kertia**

10.20 – 10.40 Mechanism Of Gastrointestinal Bleeding And Autoimmune Disease  
(Yuliasih, Surabaya)

10.40 – 11.00 Comprehensive Management In Gastropathy NSAID  
(Triyanta Yuli Pramana, Solo)

11.00 – 11.15 Discussion

**Symposium VII : Systemic Lupus Erythematosus**

**Chairman : Rakhma Yanti Helmi**

11.15 – 11.35 Systemic Lupus Erythematosus : Which Drugs and When ?  
(Joewono Soeroso, Surabaya)

11.35 – 11.55 The Optimal Treatment of Lupus Nephritis  
(Harry Isbagio, Jakarta)

11.55 – 12.10 Discussion

12.10 – 12.40 ISHOMA +

**Symposium VIII : Osteoporosis And Degenerative Diseases**

**Chairman : OK Moehad Syah, SpPD-KR**

12.40 – 13.00 Mechanism Of Visco Supplement for Ostcarthritis Treatment  
(dr. Linda K Wijaya, SpPD-KR)

13.00 – 13.20 Comprehensive Management Osteoporosis  
(dr. Bambang Setyohadi, SpPD-KR)

13.20 – 13.40 Diagnosis and Management of Sarcopenia  
(dr. Fatichati Budiningsih, SpPD-KGer)

13.40 – 14.00 Discussion

**CLOSING CEREMONY**

## Registration Form

Fullname & Title : Prof/Dr/dr.....  
Institution : .....  
Address : .....  
Telp/Fax.....  
Hp.....  
Email.....

Registration Fee :

Symposium	Early Before May, 13 2016	Onsite Registration
General Practitioner	600.000	700.000
Spesialist	800.000	1.000.000
Workshop		
Injeksi Intraartukuler (Only For Spesialist)	Rp. 1.000.000,-	
Pain Management Combine NSAID and Hypnoteraphy	Rp. 750.000,-	
Pain Management Combine Focus On Acupuncture	Rp. 750.000,-	

Paymnet Method :

Cash/Transfer to :

**BANK JATENG**

**Cabang Surakarta**

**No Ac. 3 – 002 – 27150 – 7**

**Atas Nama : IRA Cabang Surakarta**

**Registrasi Peserta**

- Esy Permata Sari (0813 29647 014)

- Nanang Harri N (0856 47221 948)

Please sent registration form and transfer slip fax to (0271) 654513 or  
email papdisolo@yahoo.com